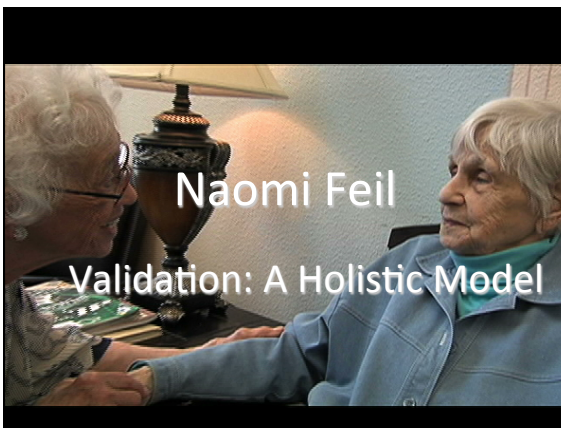



Validation

Naomi Feil

Keynote Validation
Power Point Slide





Validation

Validation Principles

- Feelings, when validated, lose their strength
When ignored, feelings gain strength
- Early, well established emotional memories stay



Validation Principle

- Humans have many levels of awareness or consciousness



Goals & Results of Using Validation

- Disoriented elderly sit more erect and keep their eyes open more.
- Disoriented elderly display more social controls.
- Disoriented elderly cry, pace and pound less and express less anger.
- There is a decreased need for chemical and physical restraints.



Goals & Results of Using Validation continued (2)

- Disoriented elderly communicate more verbally and non-verbally.
- Disoriented elderly often move better and more often.
- Disoriented elderly express less anxiety and withdraw less.
- Deterioration is often slowed down.
- Caregiver's morale is increased and burn-out is decreased.



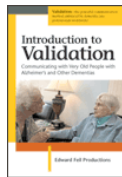
Goals & Results of Using Validation continued (3)

- Caregivers express a greater sense of fulfillment.
- Caregivers feel more capable of handling difficult situations.
- Families visit more because they feel it is worthwhile.



More information:

- Validation Training Institute
<https://vfvalidation.org>



- <https://vfvalidation.org/products/>
